



The Event of a Lifetime

From Saturday 3 August to 10 August 2024

In Italy, near Siena

« Happiness is being. At the Happiness Academy, where non conformist teachings are offered, you can learn how to be the best version of yourself » Raël

- ✚ How can we choose and enjoy our emotions, whilst not having them control our life?
- ✚ What insights is science uncovering about happiness and human consciousness?
- ✚ How can we nurture our well-being and balance through basic meditation techniques?
- ✚ What does pleasure and sensuality do for our body and mind?
- ✚ Ultimately, how can we find our happiness and keep it forever?

A TYPICAL DAY

MORNING

- Morning Meditations
- Inspirational Teaching

AFTERNOON

- Afternoon Meditations
- Creative Workshops / Games

EVENING

- Artistic Evenings and Meditations Under the Stars

WHERE?

This year's European Happiness Academy of 2024 (79aH) will take place in Chianciano Terme, Italy (between Florence and Rome). Its privileged location, in the green heart of Tuscany, enjoys a breath-taking panoramic view that stretches to the valleys of nearby Umbria. The tranquillity of the place makes every stay special.



HOW TO REGISTER?

Go to rael.org/events/happiness-europe-2024

You will find all the necessary information on the event, cost, accommodation, transport, etc.

If this is your first participation, the University of Happiness is free. Hotel and transportation are at your expense.

If you have other questions, contact:

europe-ha@rael.org

We will be happy to help you.

Looking forward to welcoming you to this extraordinary event!



AT THE ORIGIN OF THE HAPPINESS ACADEMIES

During Rael's encounter with an extraterrestrial, he was given a message of great importance:

Several thousand years ago, scientists from another planet came to earth and created all forms of life, including human beings, «in their image» (*see rael.org*).

References to these scientists and their epic masterpiece can be found in ancient texts of many cultures and on all continents. Because of their advanced technology, these

scientists were considered gods by our primitive ancestors and were called Elohim, which in ancient Hebrew meant : « Those who came from the sky ».

During his encounter with one of these Elohim, Rael was entrusted with a range of information vital for the welfare and development of the individual and the possible future of our humanity.

Sensual Meditation is one of them. What is it?

Meditation comes from the Latin «Meditare» which means practice. The word «Sensual» refers to our senses: vision, hearing, smell, taste, touch and direct perception. Sensual Meditation allows us to renew our sensitivity and increase our awareness of infinity surrounding us and composing us, turning unconscious into conscious. With practice, the more we can feel from our senses, the more pleasure and enjoyment we can get from everyday life and all the stimuli that our environment provides, turning our lives into an adventure of self discovery and enlightenment.

For more information: download free book Sensual Meditation on rael.org/download.php

Discover the teachings of the Elohim at the Happiness Academy organized by the Raelian Movement (*see also raelacademy.org*).



HOW TO GET THERE?

Chianciano Terme is easy to reach by plane, train or car.

By train

Chiusi – Chianciano Terme station, 2.5 km away

Book your train ticket from Rome or Florence to "Chiusi" station on www.trenitalia.com

By plane

- Peretola Airport, Florence: 142 km from Chianciano Terme
- Rome–Fiumicino airport (international flights): 198 km from Chianciano Terme

We advise you to use Rome airport for the best transport links to Chianciano Terme.

A shuttle service can be arranged, depending on requirements and the number of people, by contacting the Eventour operator (the operator's contact details will be sent to you when you register).

By car

L'autoroute E35 est à 10 km du lieu de l'événement.

The E35 motorway is 10 km from the event venue.

- **From Marseille (France) 741 km**
Motorway A8, direction Nice / In Italy, motorway E80, direction Genova / Follow Sarzana, then at Viareggio take motorway E76 direction Firenze / Then at Firenze take motorway E35 direction Roma / Exit at Chiusi (about 60km after Firenze) / Then follow Chianciano Terme and arrive at the hotel (reception) in the centre.
- **From Lyon (France) 844 km**
Motorway A43, direction Chambéry / Direction Italy, Tunnel of Fréjus, Italy ; then direction Turin / Continue on motorway E70, direction Piacenza / At Piacenza take motorway E35 direction Bologna then E35 direction Florence then E35 direction Rome / Exit at Chiusi (about 60km after Florence) / Then follow Chianciano Terme and arrive at the hotel (reception) right in the centre.
- **From Geneva (Switzerland) 744 km**
Motorway A40, direction Chamonix, then Mont Blanc Tunnel / In Italy, motorway E25, direction Milan; then take the motorway E35 direction Bologna then E35 direction Florence then E35 direction Rome / Exit at Chiusi (about 60km after Florence) / Then follow Chianciano Terme and arrive at the hotel (reception) in the town centre.

EVENT IN THE EVENT

6 august, raelian gathering, open to all

On Tuesday 6 August at 3pm will take place one of the four annual ceremonies of the Cellular Plan Transmissions, or Raelian baptism. These gatherings are public, so you can attend if you wish, as part of the Happiness Academy.

This is an opportunity for those who decide to officially and consciously recognise the Elohim as our Creators, to be recognised by Them and to make their choice known, publicly and personally, by making, in all freedom and conscience, an act of apostasy.

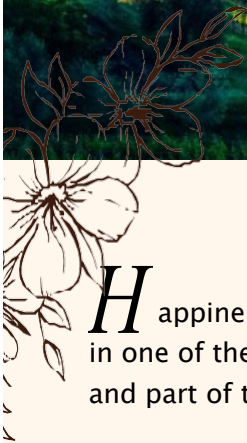
The Transmission of the Cellular Plan only concerns adults who have consciously and freely decided to become Raelians.

For more information : rael.org/events/celebration-of-the-raelian-new-year

See you soon! 😊

Welcome to

Chianciano Terme



Happiness Academy welcomes you in the heart of Tuscany, in one of the most renowned places, famous for its thermal bath and part of the UNESCO site Val d'Orcia: **Chianciano Terme**.

About Chianciano Terme

Chianciano Terme is a spa for all seasons. It is one of the most famous spa towns in Italy, located in the Val d'Orcia, (UNESCO World Heritage Site). Chianciano is not only the reference for those seeking wellness, treatments and spa treatments – already appreciated by Etruscans and Romans – but it is also an excellent starting point to discover the beauty of the Val d'Orcia and Tuscany. In addition, both the historic center and the surroundings are worth a visit: the ancient medieval village houses interesting architectural works, religious and museums; in the surroundings there are natural areas and interesting parks. Chianciano is also ideal for sports such as hiking, cycling and hiking, you can go horseback riding or simple walks to discover the territory between Val d'Orcia and Valdichiana. In these areas you can book food and wine tours and excursions in the wooded area of Pietra Porciana, where there are paths, caves and picnic areas.





GRAND HOTEL EXCELSIOR



Accommodation



About the Rooms

Single room: €85,00*

Double room: €136,00*

(€68,00 per person)

Triple room: €189,00*

(€63,00 per person)

All rooms include an intercontinental breakfast and a dinner with buffet of appetizers and table service for other courses, plus two desserts of your choice and natural or sparkling water.

**price per night*

Services available



- Free parking 100 places
- Restaurant and bar
- Wifi in the whole structure
- Panoramic pool
- Terrace with solarium
- Garden
- TV room and reading room
- Left luggage
- Use of 3 meeting rooms for the duration of the stay, plus the spaces adjacent to them.
- Equipped rooms: large screen, video projector, seats (or according to your needs)
- Basic audio and video system
- WiFi system